

Ermitage Bel Air - Medical Hotel  
Via Monteortone 50,  
35037 Abano-Teolo (PD)  
Regione Veneto, ITALIA

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Free for Europe

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Responsabile Prenotazioni  
Servizi Medici e Riabilitativi:  
Federica Canola

### Our guarantees

#### An exclusively Individual and Personalized Rehabilitative service:

Our rehabilitation center bases its quality and efficiency on a strict work method in order to ensure at all times the best rehabilitative intervention:

- Outlining individual rehabilitative program by means of a specialized medical consultation, interdisciplinary if necessary: General Medicine Doctor, Orthopedist, Physiatrist, Rheumatologist or Nutritionist (depending on the cause of the motor deficit: traumatic, orthopedic, neurologic, rheumatologic, or due to old age or an unhealthy lifestyle).
- Follow-up of rehabilitative program progress through medical check-up, twice weekly, guaranteed for every treated guest.
- Exclusively individual one-to-one physiotherapy sessions.
- Constancy of the relationship between the patients and their personal physiotherapist in order to keep rehabilitation continuously monitored.
- Hydrokinesitherapy sessions with own physiotherapist's individual assistance, in water for a safer and better motor re-education.

#### General medicine assistance, nursing care service e social assistance

General Medicine Service (accompaniment to the treatments, dedicated to all guests being treated. Available: from monday to sunday from 6 am to 6 pm. Nursing care services (for medications, personal hygiene, dressing and accompanying, dedicated to guest self reliant), available: monday to saturday from 8.30 am to 12 am and from 4.30 pm to 7.30 pm.

The general and specialist medical care services are accessible to the customer's request and for a fee, are not included in hotel rates. For the price list ask to the reception of the hotel or to the reception of the medical zone.



### Medical Care Fees

1st specialized medical examination:	€ 80,00
2nd specialized medical check-up:	€ 50,00
Intra-articular infiltrations (does not include the medication)	€ 44,00

#### Specialized Medical Assistance:

**Physiatry:** Dr. Simone Bernardini  
**Orthopedics and Traumatology:** Dr. Angelo Rioda  
**Nutrition:** Dr. Alberto Dattilo  
**Lymphology :** Dr. Denisa Giardini

#### Specialist Consultants:

**Neurology:** prof. Angelo Antonini  
**Physic Medical Rehabilitation:** Prof Stefano Masiero

### Rehabilitation and Physiotherapy fees

Water Physiotherapy, individual and assisted session, 30 minutes:	€ 48,00
Physiotherapy, individual and assisted session, 30 minutes:	€ 44,00
Physical therapy session: (Laser and Ultrasounds 15 minutes, Magnetotherapy and Electrotherapy 30 minutes)	€ 24,00
Passive Mobilisation with Fisiotek HP2, 15 minutes:	€ 24,00
30-minute Assisted physical exercise	€ 24,00
30-minute Individual Fitness session with Personal Trainer	€ 44,00
30-minute Massotherapy session	€ 44,00
60-minute Massotherapy session	€ 88,00

#### Metabolic Testing

With digital testing of oxygen intake for assessing Basic Metabolic Rate at rest and aerobic capacity during effort



Centro Medico Specialistico di Fisioterapia,  
Riabilitazione e Medicina Fisica



### Carta dei Servizi Medici e Riabilitativi

I Edizione 2017

Vacanze senza  
Barriere  
Garanzia di  
Accessibilità



Qualità  
Sanitaria  
Certificata



Sistema di Qualità Certificato,  
**UNI EN ISO 9001**, Nr: 731003087  
del 29/04/2016, **TÜV** Hessen.

## About us

### The first Specialized Medical Centre In Motor Rehabilitation and Physical Medicine set in a Spa

A highly qualified Health Centre with a multi-specialized clinic

In accordance with the Veneto Quality System and certified by Norm UNI EN ISO 9001:2008  
**Health Authorization: Decree Nr. 92 dated 22/09/2011, in accordance with L.R. 22 16/08/2002, Veneto Region**  
**In charge of the Health Department: Dr. Simone Bernardini, Physiatics Specialist.**

**Rehabilitation** the result is a protocol of live-in physical recovery which is simple and effective, thus avoiding, in all safety and autonomy, any extra cost for the patient and their family, and favoring a rapid return to active life.

**Prevention** the result is a true health holiday, in a pleasant and relaxed environment, providing effective answers and solutions in the field of prevention against pathologies that are connected with old age or unhealthy lifestyles, with the guaranteed assistance from highly qualified health providers.

\* Residential and intensive rehabilitation programs at the Medical Ermitage Hotel are dedicated to stable patients who do not require continuous nursing care.

## What we treat

All pathologies that restrict movement temporarily or chronically, addressing all specific needs related to the origin of the motor deficit: trauma, surgical, neurological, or degenerative:

### \* Physical and functional rehabilitation

#### ORTHOPEDICS:

- Post surgical course following prosthetic surgery on the hip, shoulder, knee.
- Post surgical course following fracture of the femur.
- Post surgical course for polytrauma orthopedic patient.
- Intensive physical recovery following sport injury.

#### NEUROLOGY:

- Motor and functional rehabilitation for the very elderly.
- Functional rehabilitation following a stroke in stable patients.
- Physical rehabilitation for chronic and/or acute Degenerative disorders.

#### LYMPHOLOGY

- Treatment of primary and secondary lymphoedema

#### Prevention

- Prevention of degenerative inflammations to the musculoskeletal system.
- Treatment of muscular and osteo-articular pain
- Treatment of overweight and diabetes type II in the prevention of cardiovascular risk

#### Wellbeing Everyone can now access a true health holiday:

- Sheltered and Safe Relaxing Stays for older guests
- Wellness holidays highly accessible for guests with motor disabilities

## Our offer: rehabilitation and physical medicine

### The advantage of an all-inclusive system including Medical and Rehabilitative Services

All the medical services needed to treat and prevent the major diseases which affect and restrict movement:

- **SPECIALIZED MEDICAL ASSISTANCE** is guaranteed by a staff of specialized doctors in: **General Medicine, Orthopedics, Physiatics, Neurology, Lymphology and Nutrition.**

- **REHABILITATION AND HYDROKINESITHERAPY**, using our 1000 sq.m. thermal pools equipped for access and rehabilitation of motor impaired patients and 200 sq.m. of rehabilitative gyms dedicated to active and passive movement re-education.

- **PHYSICAL THERAPY** with the newest electro medical technologies: Electrotherapy, Lasertherapy, Magnetotherapy, Ultrasounds.

- **PHYSIOTHERAPY** Exclusively Individual, assisted by qualified professionals in Rehabilitation and Motor Skills.

Rehabilitation programs occur in 30-minute-long individual therapeutic sessions. The number and type of therapeutic sessions depend on the GP's recommendations and are under the constant supervision of our specialized medical staff.

## Our offer: hospitality and assistance

### The comfort of protected and fully accessible accommodation in a hotel:

All hospitality services needed for offering a safe and comfortable stay without giving up on the quality of hotel services:

- **HIGH TREATMENT INTENSITY** thanks to residential rehabilitative programs also in the acute stage (immediate post-trauma or post-surgery course) we can define intensive care protocols which alternate active and passive phases on the same day (morning and afternoon, including Saturday).

- **COMPLETE INDEPENDENCE** thanks to the safety and accessibility of the hotel you will have no trouble or extra fee for the daily transfer from or to traditional rehabilitation centers and no need for domiciliary assistance at the expense of your family.

- **BEST ENVIRONMENT** thanks to a safe and sheltered environment but without being hospitalized, we can facilitate a speedy return to active life and full functional autonomy for a better psycho-physical balance during treatment.

- **OVERALL THERAPEUTIC APPROACH** thanks to the stay in the hotel we offer a complete rehabilitation action, and are able to foster, if needed, diet changes and re-educate to healthy lifestyles.

- **AVAILABILITY OF PERSONAL SOCIAL- SANITARY ASSISTANCE** during the stay in hotel, at the price of € 18,00 per hour.

