

HOTEL
THERMAE
MEDICINE

*Diving deep
only to surface again*

Ermitage MEDICAL HOTEL®

Stay Well. Feel Better.

2024 | I Edition
Maggia Family



VenetianRegion | Italy | Abano -Teolo



*Thermal Spa and Medicine
Health and Active Life
Without Limitations*

THE MAGGIA FAMILY,
Hoteliers active in Abano Terme since 1951



ABOUT US

Thermal Spa and health, comfortably on holiday, in the First Italian Medical Hotel. Created to welcome everyone and see to their needs, providing everyone with the opportunity to be treated affectively, according to scientific evidence criteria, without foregoing the pleasure of a comfortable holiday.

THE HOTEL. The very best Tradition of Italian Hospitality.

THE THERMAL SPA. The Natural Therapeutic Power of our Hot Springs.

THE SPECIALISED MEDICINE. A Modern Rehab and Physical Medicine Centre, .

A Complete System of Personal Services.

Please visit the site area you are interested in and choose the Stay that best addresses Your Needs.

HOTEL STAY:		HOTEL STAY WITH TREATMENTS:				INFORMATION:	
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Partner of the best Italian insurance companies



Health Authorisations pursuant to Veneto Region

- Specialised Clinic for Rehabilitation and Physical Medicine, Auth. No. 18729/2019 of 24/10/2019.
- Spa establishment, Auth. No. 15023/2019 of 22/08/2019.
- LAW n. 22 of 16/08/2002

Quality Certification



ISO 9001 TÜV Quality Certification
No. 731003087
Audit No. 43524327 from 2019-05-14 to 2022-04-28



HOSPITALITY. The very best Tradition of Italian Hospitality.

Rooms surrounded by a large park and fully and comfortably appointed (air conditioning, WiFi, Safe and Sat TV) to provide for a pleasant and relaxing stay with no architectural barriers

ROOMS TYPOLOGY

- **Classic** 25 mq., with private balcony.
- **Junior Suite** 35 mq., small living room, with private balcony.
- **Suite** 45 mq., living room, walk-in closet, terrace or private garden.
- **Panoramic Suite** 55 mq., living room, walk-in closet, wellness shouer; terrace 40 mq. with solarium.

FOOD SERVICE. Each customer can consciously choose his or her menu.

The continuous search for quality in local products leads us to create a profound harmony between good food and health. A formidable recipe for health, prevention and longevity. Choose your own menu:

- **ENJOY** Pleasure and taste prevail in this choice preferably aimed at youthful and dynamic people.
- **BALANCED** The right balance of eating habits that will be long-lasting and healthy, in line with the latest guidelines on healthy eating and lifestyles.
- **VEGGIE** Designed to satisfy the tastes and needs of our guests who prefer vegetable-based food.
- **BASIL PLUS** Available only after a medical examination, at a price of € 140 per week. A customised version of the balanced and veggie menus, tailored to each individual customer and their specific needs in terms of calorie regime and physiological requirements.

INCLUSION

Our structure is inspired by the principles of 'Universal Design' to eliminate barriers between people and ensure that every guest has an inclusive experience, respecting their needs and frailities.

SEASON 2024 OPENING 02/03/2024

Closed	C	Season	S
Special Season	SP	High Season	H

	C	3 AUGUST	H
2 MARCH	SP	10 AUGUST	H
9 MARCH	SP	17 AUGUST	H
16 MARCH	SP	24 AUGUST	S
23 MARCH	S	31 AUGUST	S
30 MARCH	S	7 SEPTEMBER	S
6 APRIL	S	14 SEPTEMBER	S
13 APRIL	S	21 SEPTEMBER	S
20 APRIL	S	28 SEPTEMBER	S
27 APRIL	S	5 OCTOBER	S
4 MAY	S	12 OCTOBER	S
11 MAY	S	19 OCTOBER	S
18 MAY	H	26 OCTOBER	S
25 MAY	H	2 NOVEMBER	SP
1 JUNE	S	9 NOVEMBER	SP
8 JUNE	S	16 NOVEMBER	SP
15 JUNE	SP	23 NOVEMBER	SP
22 JUNE	SP	30 NOVEMBER	SP
29 JUNE	SP	7 DECEMBER	SP
6 JULY	SP	14 DECEMBER	SP
13 JULY	SP	21 DECEMBER	H
20 JULY	S	28 DECEMBER	H
27 JULY	S	4 JANUARY 2025	H
3 AUGUST		12 JANUARY 2025	C

DAILY RATES Full board.

HOTEL PRICES PER DAY Hotel stay only, without health and wellness treatments	Special Season	Season	High Season
I-night full board, in double room classic. Price per person:	€ 130	€ 135	€ 140

Extra charges per day per room type: Junior Suite: € 5, Suite: € 10, Panoramic Suite: € 25.

Extra charges per day, single occupancy: Classic: € 10, Junior Suite and Suite € 15, Panoramic Suite: € 25.

Daily board price reductions: half-board - breakfast and dinner: € 15, bed & breakfast: € 20.

WEEKLY RATES Full board.

7 DAYS THERME & RELAX Hotel stay only, without health and wellness treatments	Special Season	Season	High Season
7-nights full board, in double room classic. Price per person:	€ 875	€ 910	€ 945

Extra charges per week per room type: Junior Suite: € 35, Suite: € 70, Panoramic Suite: € 175.

Extra charges per week, single occupancy: Classic: € 70, Junior Suite and Suite € 105, Panoramic Suite: € 175.

Weekly board price reductions: half-board - breakfast and dinner: € 105, bed & breakfast: € 140.

SPECIAL WEEKLY RATES Full board.

7 DAYS CARE GIVER AND LONG STAY Hotel stay only, without health and wellness treatments	Special Season
For a family member accompanying a guest who booked a rehab programme or for stays after the third week, without health and wellness treatments. We will apply always the special season rates.	

PRICES VALIDITY

Our prices are guaranteed for a minimum stay of 3 nights with a booking deposit paid at least 2 weeks before arrival. Shorter stays and last-minute bookings can be subject to dynamic surcharges on the quoted prices.

ROOM AVAILABILITY

Check-in: from 2.30 p.m. Check out: not later than 10.30 a.m. **Price reduction for children** (in room with adults) 0-3: 90% | 4-6: 50% | 7-14: 30% **Pets:** Without meals € 15 per day only in ground floor Suites, with garden access.

FREE SERVICES

Wellness: Access to the Sauna and Spa Pools with relax circuit and waterfalls. **One Spa Kit at Arrival:** bathrobe, pool towel and swimming cap for the entire stay. **Fitness:** Daily Stretching, Aqua Gym and Pilates courses (from Monday to Friday). **Hospitality:** Car parking, Tennis Court, Golf green fees and reservations. **Comfort:** High speed internet wi-fi and TV Sat in every room. SKY Sport in the reading room. **Accessibility:** Barrier free rooms & SPA services. **Entertainment:** Welcome Drinks, Gala Dinner, Gourmet Food and Wine Evening.

MONTHLY RATES Full board.

28 DAYS A MONTH WITHOUT WORRIES For stays of four consecutive weeks without health and wellness treatments	One Season
4 weeks full board, in double room classic. Price per person:	€ 3340
Includes free water supply at the restaurant, 1 Internal medicine general evaluation to assess the guest's health needs.	
Value of the health care services included in the total price of the programme: € 120	

MONTHLY RATES WITH TREATMENTS Full board.

28 DAYS A HEALTHY MONTH For stays of four consecutive weeks with health and wellness treatments	One Season
4 weeks full board, in double room classic. Price per person:	€ 4060
Includes free water supply at the restaurant, 1 Internal medicine general evaluation to assess the guest's health needs, 12 masso-physio therapies 30'.	
Value of the health care services included in the total price of the programme: € 840	

Extra charges per month per room type: Junior Suite: € 140, Suite: € 280,

Extra charges per month, single occupancy: Classic: € 280, Junior Suite and Suite € 420.

Monthly board price reductions: half-board - breakfast and dinner: € 420.

How to book monthly stays: Monthly-rate programmes cannot be requested after arrival at the hotel.

Reservations are required at least 2 weeks prior to arrival with a deposit of € 520 per person.

PAY SERVICES: Late check-out € 50. **Room change** € 50. **Spa Kit change:** Bathrobe € 15.00, pool towel € 5.00. Private garage € 20 a day. **F&B:** Extra meals € 40. Room service, Packed lunch € 15. Car and bike rental, **Trips:** Private shuttle service to and from Padua (Saturday afternoon) € 5. **Cardiofitness Personal Card:** € 5 per day.

BOOKINGS AND CANCELLATIONS MANAGEMENT:

Upon booking, **a deposit of € 130 per person, per week** is required. In case of cancellations within 48 hours of arrival, the deposit is forfeit. Shorter notices, no-shows and early departures, the 50% of the booked services shall be charged. A change of arrival date in season is possible without penalty.

NURSING OR SOCIAL AND HEALTH CARE SERVICES

Customised day care assistance service on call:

€ 40 for 60'; €10 for 15'. Available from 8.00 am to 8.00 pm

Non included in the hotel rates. Must be requested at the time of booking.

Customised continuous or night care assistance service:

Customised quote upon request.

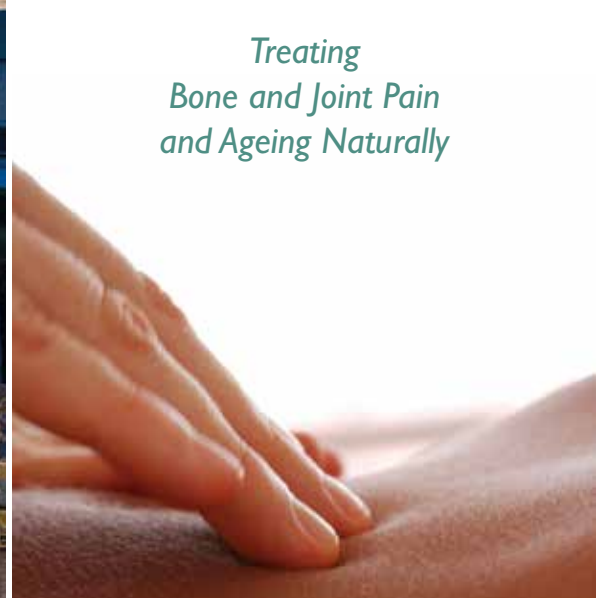
Walking aids and electronic bed:

Free if requested at least 2 weeks prior to arrival.

The needs of customers with limited autonomy must always be communicated at the time of booking!



*Treating
Bone and Joint Pain
and Ageing Naturally*



CLASSIC THERMAE

OUR HOT SPRINGS

The springs are meteoric in nature and come from the Piccole Dolomiti (Little Dolomites). The water seeped into the ground above the 1500 m asl line, and reaches us after an underground voyage of thousands of years, after filtering down to depths of over 4000 metres. These are ancient and very pure waters, rich with minerals they collected thanks to the heat and pressure they were subject to. The geological structure of the Euganean Hills made them emerge and created the largest thermal basin in Europe in Abano. Ermitage has 3 hot springs of salt-bromide-iodine water that naturally flow at temperatures between 72 and 82°C, with an available flow rate of over 10,000 litres per minute.

RIPE GEOTHERMAL MUD

This is a unique and irreplaceable therapeutic element. It is an ancient therapy: in Abano, people have been receiving mud therapy since the Roman era. It is fully natural: the thermal clay comes from a lake in Arquà Petrarca, on the Euganean Hills. It is processed: mud ripens in thermal water for at least 60 days, acquiring the plasticity and chemical and physical characteristics that make it therapeutic. It is effective and scientifically patented: the pain-relief and anti-inflammatory active principle of Abano mud was isolated at the Mario Negri pharmacological and biomedical research centre, and is currently protected by a European patent.

INFORMATION

POLICY As the combination of stay and treatments is purchased in a single package, no refunds shall be given in case individual treatments are missed. Any additional treatments not mentioned above shall be paid for separately.

Access to the therapies In order to obtain optimal therapeutic results, guests are required to cooperate. Please bring with you the results of any recent clinical tests and a list of drugs you take.

Authorisations Auth. Nr. 15023 of 22/08/2019. Spa resort specialised in mud and thermal water bath therapy and inhalation therapy. Accredited by the National Health Service, Cat. I super: Italian Ministry of Health.

Medical direction Dr. Angelo Rioda. Orthopaedics Specialist.

CLASSIC THERME PROGRAMMES Full board, in double room classic.

14 DAYS BLUE WEEKS INTENSE CLASSIC SPA Natural treatment of arthritis, pain and bone and joint ageing	Special Season	Season	High Season
Stay and classic spa program. Price per person	€ 2070	€ 2140	€ 2210
This rate includes 14 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 medical examination, 10 Mud Therapy sessions, 10 Ozone Baths, 10 20-minute Reactive Massages			
Value of the health care services included in the total price of the programme: € 980			

7 DAYS BLUE WEEK SOFT CLASSIC SPA Natural prevention of arthritis, pain and bone and joint ageing	Special Season	Season	High Season
Stay and classic spa program. Price per person	€ 1080	€ 1115	€ 1150
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: medical examination, 5 Mud Therapy sessions, 5 Ozone Baths, 5 20-minute Reactive Massages			
Value of the health care services included in the total price of the programme: € 530			

7 DAYS EVERY DAY MASSAGE To promote wellness and muscle relaxation	Special Season	Season	High Season
Hotel stay, medical assistance, massage therapy. Price per person	€ 1040	€ 1075	€ 1110
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 medical examination, 5 30' full body massages, according to the guest's needs, 5 Inhalation Therapies, 1 card for access to the cardio-fitness circuit gym			
Value of the health care services included in the total price of the programme: € 490			

Extra charges per week per room type: Junior Suite: € 35, Suite: € 70, Panoramic Suite: € 175.

Extra charges per week, single occupancy: Classic: € 70, Junior Suite and Suite € 105.

Weekly board price reductions: half-board - breakfast and dinner: € 105, bed & breakfast: € 140.

In order to address any tax requirements, we shall provide a medical prescription and doctor statement and a separate reckoning of all treatments provided.



THERMAE

Natural treatment of pain syndromes of the musculoskeletal system related to osteoarthritis and ageing thanks to our three thermal springs and the thermal mud ripened in them. Improvement and normalisation of upper airways (nose and throat) function through the therapeutic properties of the thermal springs.

MEDICAL SPA TREATMENTS

Medical examination for treatments' admission (mandatory)	€ 80
Internal medicine general evaluation	€ 120
Follow-up medical examination or supplement for internal medicine evaluation during admission	€ 40

Attention, the need for any internal advice during the admission visit is established by the doctor

MUD AND THERMAL WATER BATH THERAPY

Mud treatment with ozone shower and thermal water bath	€ 45
Thermal water bath	€ 20
20' Reactive massage for circulatory and lymphatic reactivation after the mud and thermal water bath therapy	€ 45
Personal tub of reactive massage cream	€ 15

Complete cycle of 5 muds/baths/massages treatments € 530

Complete cycle of 10 muds/baths/massages treatments € 980

INHALATION THERAPY

Thermal water inhalations and aerosol therapy	€ 15
Aerosol therapy, drug included	€ 18

MASSAGE THERAPY

Localised intensive muscle massage: Trigger point, connective tissue, foot and drainage, 30'/45'/60'	€ 60/€ 90/€ 120
60' Drainage massage with cold bandaging	€ 90

THERMAL WELLBEING PROGRAMMES Full board, in double room classic.

7 DAYS LYMPHATIC LEGS AND GLUTES For the lymphatic wellbeing of the lower limbs, legs and glutes	One Season
Hotel Stay, specialist medica consultation, lymphatic massage therapy. Price per person:	€ 1700
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 3 60''Vodder Original Method' full body lymphatic massages, 3 phisycal therapies 30' Bemer and/or Ultrasound, 3 customised 30' personal training sessions in water or in gym, 1 card for access to the cardio-fitness circuit gym, Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 875	

7 DAYS ANTISTRESS To promote relaxation and psychological and physical balance	One Season
Hotel stay, medical assistance, wellness & natural beauty treatments. Price per person:	€ 1640
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 2 60' 'Vodder Original Method' full body lymphatic massages, 2 60' stress-relief Full Body Massage with essential oils, 2 30' Water Shiatsu relaxing treatments in thermal water, 2 60' autogenic training sessions, 1 card for access to the cardio-fitness circuit gym	
Value of the health care services included in the total price of the programme: € 955	

7 DAYS BEAUTY & RELAX To promote relaxation and self-confidence	One Season
Hotel stay, wellbeing, beauty and natural cosmetics. Price per person:	€ 1210
This rate includes 7 full-board days, all the free services included in the hotel price list and the following beauty plan: 1 Manicure 60', 1 Pedicure 60', 1 Face firming treatment Principi 60', 1 Anti-ageing face treatment FeelingTime 60', 1 Total body peeling 60', 1 Antistress massage 60', 1 card for access to the cardio-fitness circuit gym.	

Extra charges per week per room type: Junior Suite: € 35, Suite: € 70, Panoramic Suite: € 175.

Extra charges per week, single occupancy: Classic: € 70, Junior Suite and Suite € 105.

Weekly board price reductions: half-board - breakfast and dinner: € 105, bed & breakfast: € 140.



THERMAL WELLBEING

Our offer is rounded off with natural cosmetics and thermal wellness services aimed at improving your self-perception and restoring your psycho-physical balance for an even more comfortable holiday experience, knowing that pleasure is an integral part of your treatment.

WELLNESS TREATMENTS

30'/45'/60' full body aesthetic or stress-relieving massage with essential oils	€ 60 / € 90 € 120
30' partial body aesthetic or stress-relieving massage with essential oils	€ 60
60' full body aesthetic lymphatic drainage massage	€ 120
30'/45' Full facial or partial body lymphatic drainage massage	€ 60/€ 90
60' Facial lymphatic drainage massage with custom face mask	€ 90
Individual Steam Treatments: 60' Inhalation + Turkish Bath + Sensory Watsu water shiatsu 30'	€ 60
Shower combination 45'	€ 40

NATURAL BEAUTY TREATMENTS

'Principi' 60' face firming treatment	€ 90
"Feeling Time" 60' Anti-ageing Face Treatment	€ 90
60' Total body peeling treatment	€ 90
"M.S.B." 60' Total Body Firming Treatment	€ 90
"Cristalli" 60' Breast Firming Treatment	€ 90
60' Manicure or Pedicure	€ 50
In-house hairstylist and beauty therapist service	
Peeling Hammam 90'	€ 100
Dermo pure Lift 90'	€ 100
Skyn-purifying & massage 90'	€ 100

PREVENTION PROGRAMMES Full board, in double room classic.

7 DAYS WEIGHT MANAGEMENT To treat dysmetabolism and severe overweight	One Season
Hotel Stay, basic diagnostic services, medical fitness, diet, spa treatments, lymphatic massage therapy. Price per person:	€ 2570
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 1 Complete specialist nutritional consultation, calculation of the correct calorie regime and final instructions for the customised diet to be followed at home. Complete before and after check-up: 1 direct assessment of basal metabolism, 2 Blood chemistry tests and lipid profile, 2 Bioelectrical Impedance Analyses of Body Composition, 1 60' autogenic training session, 5 Customised 30' personal training sessions with cardio-fitness + 1 individual card for daily access to the rehab gym, 3/6 Manual/Vodder Method lymphatic massages 60'/30', 5 MudTherapy sessions + 5 Ozone Baths + 5 20' reactive massages. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1745	
7 DAYS FIT To treat dysmetabolism and mild overweight	One Season
Hotel Stay, basic diagnostic services, medical fitness, diet, spa treatments. Price per person:	€ 2210
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 1 Complete specialist nutritional consultation, calculation of the correct calorie regime and final instructions for the customised diet to be followed at home. Complete before and after check-up: 1 direct assessment of basal metabolism, 2 Blood chemistry tests and lipid profile, 2 Bioelectrical Impedance Analyses of Body Composition, 1 60' autogenic training session, 5 customised 30' personal training sessions with cardio-fitness + 1 individual card for daily access to the rehab gym. 5 MudTherapy sessions + 5 Ozone Baths + 5 20' reactive massages. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1385	
7 DAYS DETOX To correct unhealthy lifestyles	One Season
Hotel Stay, basic diagnostic services, medical fitness, diet. Price per person	€ 1760
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 1 complete specialist nutritional consultation, calculation of the correct calorie regime and final instructions for the customised diet to be followed at home. 1 Complete before and after check-up: 1 direct assessment of basal metabolism, 2 Blood chemistry tests and lipid profile, 2 Bioelectrical Impedance Analyses of Body Composition, 1 60' autogenic training session, 5 customised 30' personal training sessions with cardio-fitness + 1 individual card for daily access to the rehab gym. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 935	

Extra charges per week per room type: Junior Suite: € 35, Suite: € 70, Panoramic Suite: € 175.

Extra charges per week, single occupancy: Classic: € 70, Junior Suite and Suite € 105.

€ 470 price reduction starting from the second week



PREVENTION WEIGHT LOSS & FITNESS

We promote primary and secondary prevention of illnesses connected with overweight, sedentary lifestyles and bad lifestyles in general. Together with our excellent hotel hospitality, we also provide spa and specialist medical assistance, with check-up services comfortably available in-house.

GENERAL MEDICINE AND PREVENTIVE SPECIALIST MEDICINE.

Individual Nutritional Examination	€ 140
Follow-up Individual Nutritional Examination	€ 70

DIAGNOSTIC & PREVENTIVE MEDICINE

Computerised ultrasound of internal organs or vascular system	€ 90
Specialist medical consultation + computerised ultrasound	€ 180
Blood chemistry and lipid profile analysis	€ 60
Digital metabolic test and direct measurement of oxygen consumption	€ 60
Digital impedance analysis of body composition	€ 30

NUTRITION, EXERCISE AND LIFESTYLE

Medical assistance, diet and treatments

Individual 30' /45'/60' exercise session (Personal Training or Cardio-Fitness)	€ 60/€ 90/ €120
Individual 30'/45'/60' exercise session in thermal water	€ 60/€ 90/ €120
60' Autogenic training or coaching and psychological support session	€ 100
Individual card for access to the cardio-fitness circuit per week	€ 35
'Basil Plus' meal service including: customised menu and calorie intake and correct distribution of meals to reduce glycaemic loads per week. (€ 20 daily)	€ 140



*An Integrated Service
to promote Autonomy
and Return to active life.*



PHYSICAL REHABILITATION

Ermitage's Rehab offer is designed for clinically stable, self-sufficient and co-operating patients.

MEDICAL ASSISTANCE A full medical team comprising Orthopaedics and Traumatology, Rehabilitation and Physical Medicine, Neurology, Lymphology and Nutrition specialists can help all our guests suffering from light or severe limitations to their ability to move freely. The medical team guarantees that a skilled medical staff shall be always available to recognise the specific needs of each guest, according to the causes of the motor deficit, whether traumatic, orthopaedic, post-surgical, neurological or lymphological in nature.

MOTION REHABILITATION AND PHYSICAL THERAPIES Thanks to an exclusive customised, one-on-one assisted method that guarantees a steady 1:1 therapists/patients ratio, the hotel's own rehabilitation centre allows each of our guests to go through their rehabilitation autonomously and without worries. Modern electromedical equipment, large gyms and swimming pools freely accessible also for motion-impaired patients make it possible to alternate active and passive rehabilitation, and effectively control pain and acute inflammation.

HYDROKINESITHERAPY IN THERMAL WATER Helped by physical therapy and motor science professionals, our guests can integrate their rehab protocol with rehabilitation in thermal water, with a complete lack of architectural barriers. The chemical and physical characteristics of spa water (temperature, viscosity, specific weight) promote muscle relaxation and make it possible to perform the isokinetic work that is especially important in the first stage of active rehab, where it is necessary to correct postural defects and recover muscle tone with a controlled muscle effort without risks or exacerbations.

INFORMATION

POLICY As the combination of stay and treatments is purchased in a single package, no refunds shall be given in case individual treatments are missed. Any additional treatments not mentioned above shall be paid for separately.

Access to the therapies In order to obtain optimal therapeutic results, guests are required to cooperate. Please bring with you the results of any recent clinical tests and a list of drugs you take.

Authorisations Specialised Clinic for Rehabilitation and Physical Medicine, Auth. Nr. 18729 of 24/10/2019.

Medical direction and specialist medical care Dr Simone Bernardini, Physical Medicine Specialist. **Orthopaedics Specialist and Orthopaedic surgery** consultant Dr Angelo Rioda.

SCIENTIFIC COMMITTEE

Prof. Stefano Masiero. Psychiatrist. University of Padua, Department of Neuroscience.

Prof. Angelo Antonini. Neurologist, University of Padua.

Dott.ssa Denisa Giardini. Internal Medicine Specialist, AIDMOV. Lausanne

Prof. Domenico Corrado. Cardiology Specialist.

Prof Fulvio Ursini. Biochemistry and Nutrition. University of Padua.

GENERAL PHYSICAL REHAB PROGRAMMES Full board, in double room classic.

ORTHOPAEDICS Aging - Trauma - Surgery

7 DAYS REHAB For intensive functional recovery in both orthopaedic and neurological post-acute conditions	One Season
Hotel Stay, specialist medical consultation, motor rehabilitation, diet, 5 Day Intensive program 2 hours a day Price per person:	€ 2520
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 2 specialist medical consults (Physical Medicine/Orthopaedic/Neurological), according to the guest's specific needs, 5 60' individual physical therapy sessions, 5 30' customised physical therapy sessions in thermal water; 5 customised physical therapy sessions 30' according to the results of the initial specialist examination 15', 1 Robotic functional evaluation by the Hunova Robot, 1 card for access to the rehab gym. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1695	

7 DAYS PHYSIO For physical rehabilitation in the presence of chronic motor deficit	One Season
Hotel Stay, specialist medical consultation, motor rehabilitation, 5 Day program 1 hours a day Price per person:	€ 1780
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 2 specialist medical consults (Physical Medicine/Orthopaedic/Neurological), according to the guest's specific needs, 5 30' individual physical therapy sessions, 5 30' customised physical therapy sessions in thermal water; 1 Robotic functional evaluation by the hunova Robot, 1 card for access to the rehab gym	
Value of the health care services included in the total price of the programme: € 1095	

7 DAYS ACTIVE AGING For functional limitations related to ageing	One Season
Hotel Stay, specialist medical consultation, motor rehabilitation, 5 Day program 1/2 hours a day Price per person:	€ 1340
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 1 specialist medical consults (Physical Medicine/Orthopaedics), according to the guest's specific needs, 5 30' customised physical therapy sessions in thermal water; 1 Robotic functional evaluation by the Hunova Robot, 1 card for access to the rehab gym	
Value of the health care services included in the total price of the programme: € 655	

Extra charges per week per room type: Junior Suite: € 35, Suite: € 70, Panoramic Suite: € 175.

Extra charges per week, single occupancy: Classic: € 70, Junior Suite and Suite € 105.

Weekly board price reductions: half-board - breakfast and dinner: € 105, bed & breakfast: € 140.

€ 260 price reduction starting from the second week



GENERAL REHAB

Promotion of physical recovery in case of ageing, trauma and surgery.
We design individual rehab protocols facing chronic or temporary functional deficit in order to promote autonomy and active life.

REHAB MEDICINE

Physical medicine examination by a rehab specialist (Compulsory for the drafting of the customised rehabilitation project)	€ 140
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Follow-up specialist medical consultation (within 3 months)	€ 70
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SPECIALISTIC MULTIAXIAL MEDICAL EXAMINATION

Ortopedics, Neurologics, Limphologic, Cardiologic, Pneumologic	€ 140
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60' Speech therapy session/ Neuro-cognitive stimulation	€ 100
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Injection therapy

Intra-articular injection (drug not included)	€ 60
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Cortisone (for dose) 10,00 €, Hyalubrix (3 vials) 160,00 €, Hymovis (2 vials) 380,00 €	
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REHAB DIAGNOSTICS

Échographie informatisée de l'appareil musculosquelettique	€ 90
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ECG avec compte rendu	€ 70
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Évaluation Robotique de la fonction Motrice et Neuromotrice avec le système de Haute Technologie Hunova® « Movendo Tecnologia »	€ 60
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Spirométrie € 70 Walking test € 90 Basis Blood Testing € 60	
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PHYSICAL THERAPY AND PHYSICAL MEDICINE

Individual and assisted 30'/45'/60' physical therapy or neuro-motor rehabilitation session in thermal water	€ 60/€ 90/€ 120
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Individual and assisted 30'/45'/60' manual physiotherapy session	€ 60/€ 90/€ 120
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Rieducazione diaframmatica o respiratoria 30'	€ 60
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Physical therapies 15'/30': Laser, Electro, Criotherapy, Ultrasound, Iontophoresis, Kinetec, Magnet therapy, Tecar therapy, Bemer	€ 30/€ 60
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SPECIAL ADDRESS REHABILITATION PROGRAMMES Full board, in double room classic
NEUROLOGIA Parkinson- Stroke

7 DAYS NEUROLOGIC PHYSIO Integrated rehab treatment of neurological patients	One Season
Hotel Stay, specialist medical consultation, neuro/motor rehabilitation, diet, 5 Day Intensive program 2 hours a day. Price per person:	€ 2340
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 medical Internal medicine general evaluation, 2 specialist medical consults, Physical Medicine and Neurological, 5 30' individual physical therapy sessions, 5 30' customised physical therapy sessions in thermal water, 3 60' neuro-cognitive stimulation or speech therapy sessions according to the specific needs of the client, 2 30' Berner stimulation therapy sessions, 1 Robotic functional evaluation by the Hunova Robot, 1 card for access to the rehab gym. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1515	

7 DAYS LYMPHATIC PHYSIO Treatment of primary or secondary lymphoedema	One Season
Hotel Stay, specialist medical consultation, Lymphatic rehabilitation, diet, 5 Day Intensive program 2 hours a day. Price per person:	€ 2660
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 2 specialist medical consults, Physical Medicine and Lymphological, 5 30' customised motor rehab therapy sessions in thermal water with assistance, 5 60' 'Vodder Original Method' lymphatic massages, 5 functional and therapeutic multi-compression bandages, 5 30' Berner stimulation therapy sessions, 1 card for access to the rehab gym. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1835	



Extra charges per week per room type: Junior Suite: € 35, Suite: € 70, Panoramic Suite: € 175.
Extra charges per week, single occupancy: Classic: € 70, Junior Suite and Suite € 105.
Weekly board price reductions: half-board - breakfast and dinner: € 105, bed & breakfast: € 140.

€ 260 price reduction starting from the second week

NEUROLOGY - LYMPHOLOGY

60' Speech therapy session/ Neuro-cognitive stimulation	€ 100
Therapeutic 30'/45'/60' "Vodder Original Method" Lymphatic massage	€ 60/€ 90 € 120
Post-treatment therapeutic multilayer compression bandaging	€ 40
Bandaging control	€ 20

SPECIAL ADDRESS REHABILITATION PROGRAMMES Full board, in double room classic

CARDIOLOGY Functional deficits of the cardiovascular system in stable phase

7 DAYS CARDIOLOGIC PHYSIO To improve the heart response to the exercise of normal daily activities	One Season
Hotel Stay, specialist medical consultation, diet, 5 Day Intensive program 1 hour a day	€ 1950
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 1 Physical medicine examination, 1 Cardiological Check-up, 5 customised motor rehab therapy sessions in thermal water with assistance 30', 5 individual physical therapy sessions 30', 1 card for access to the rehab gym, Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1125	

PNEUMONOLOGY Functional deficits of the respiratory system in stable phase

7 DAYS PNEUMOLOGIC PHYSIO To improve the heart response to the exercise of normal daily activities	One Season
Hotel Stay, specialist medical consultation, respiratory rehabilitation, diet, 5 Day Intensive program 1 hour a day.	€ 1950
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 Internal medicine general evaluation, 1 Physical medicine examination, 1 Pneumological Check-up, 5 customised motor rehab therapy sessions in thermal water or in cabin 30', 5 individual respiratory therapy sessions 30', 1 card for access to the rehab gym. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1125	



CARDIOLOGY - PNEUMONOLOGY

Cardiology consultation + ECG report	€ 180
Cardiology Check-up + ECG specialist report + Echocardiography	€ 230
Pneumological consultation + Spirometry	€ 180
Pneumological Check-up + Spirometry + Walking Test	€ 230

Extra charges per week per room type: Junior Suite: € 35, Suite: € 70, Panoramic Suite: € 175.

Extra charges per week, single occupancy: Classic: € 70, Junior Suite and Suite € 105.

Weekly board price reductions: half-board - breakfast and dinner: € 105, bed & breakfast: € 140.

€ 490 price reduction starting from the second week

INCLUSION AND SUSTAINABILITY. Where others stop, we give our best performance.

For us, accessibility means eliminating all barriers between people. It means offering everyone the opportunity to experience our health and wellness programs in full. The hotel, the wellness area, the spa and our swimming pools are places that people visit for therapy and socialisation, and are therefore designed to address both the prevention requirements of able bodied guests and the needs of guests who might be temporarily or chronically motion-impaired..
Best Italian Hotel in the accessible tourism sector.V4ALLAWARD 2017 - 2018 - 2019 - 2020 - 2021 - 2022 - 2023 Mobility & Senior Citizen Category

ECOLOGY: we light up with the energy of the sun, we warm ourselves with Thermal water, respecting Nature.



ELEONORA PROJECT

Eleonora's Dream: "A normal life".

Starting from the 2014 season, and thanks to the direct collaboration of some health care structures and non-profit organisations, Ermitage Bel Air - Medical Hotel has made a highly accessible Suite room available for people with severe motion impairment and their families, fully free of charge. The goals of this project are:

- Provide completely free assistance and high-level rehabilitation therapies
- Allow the families to enjoy a respite from their daily toil the rest of the year.
- Allow the families and patients to Experience a pleasant Holiday together!

We work in close collaboration with the Paediatric Hospice of the Padua Hospital.
For additional information: www.ilsognodieleonora.it





LOCATION

Between enchanting art cities, at just **45 km from Venice**.

It is surrounded by a large private garden, at the feet of the Natural Park of the Euganean Hills, in the quiet village of Monteortone, about 1 Km from the very centre of the renown spa city of Abano Terme. The hotel is 15 Km away from the historic centre of Padua, while the cities of Venice, Verona, Treviso, Vicenza and Bologna are less than one hour's drive away, thanks to the A4 and A13 highway connections.



*Monteortone
Abano-Teolo*

DIRECTIONS

BY CAR A4 motorway exit: Padova Ovest, or A13 motorway exit: Terme Euganee - follow the signs to Terme Euganee - Abano Terme, from Abano then follow the directions towards Monteortone. The hotel is 150 m past the Sanctuary of the Madonna della Salute.

GPS lat 45.35128948765311 - long. 11.758412718772888

GPS ADDRESS Via Santuario, 75
35031 Abano Terme

BY PLANE Connection with the Airports
Minibus Price per person, Return Trips:

Venice Airport - Hotel € 110

Private taxi costs per car Return Trips:

Venice Airport - Hotel € 250

Verona - Bologna - Treviso Airports:

Transfer price available on request

FOR INFORMATION AND BOOKINGS:

Europe-wide toll-free number from land lines:

0080015112006

web: www.ermitageterme.it

E-mail: ermitage@ermitageterme.it

HOTEL
THERMAE
MEDICINE

*The hotel at the
service of Health*

Ermitage Bel Air – Medical Hotel

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Ermitage MEDICAL HOTEL®

Stay Well. Feel Better.



Europe-wide toll-free number from
land lines: 0080015112006

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