

Destination Health

HOTEL
THERMAE
MEDICINE

Healthy & Happy Holidays

Venetian Land | **Italy** | Abano Teolo

2026 | I Edition
Maggia Family



Ermitage MEDICAL HOTEL®

Stay Well. Fell Better.





Hotel Thermae and Medicine *Health and Active Life Without Limitations*

THE MAGGIA FAMILY,
Hoteliers active in Abano Terme since 1951



ABOUT US

Thermal Spa and health, comfortably on holiday, in the First Italian Medical Hotel.

Created to welcome everyone and see to their needs, providing everyone with the opportunity to be treated effectively, according to scientific evidence criteria, without foregoing the pleasure of a comfortable holiday.

THE HOTEL. The very best Tradition of Italian Hospitality.

THE THERMAL SPA. The Natural Therapeutic Power of our Hot Springs.

THE SPECIALISED MEDICINE. A Modern Rehab and Physical Medicine Centre.

A Complete System of Personal Services.

Please visit the site area you are interested in and choose the Stay that best addresses Your Needs.

HOSPITALITY		HOSPITALITY PACKAGES WITH INCLUDED TREATMENTS				INFORMATION	
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Partner of the best Italian insurance companies



Health Authorisations pursuant to Veneto Region

- Specialised Clinic for Rehabilitation and Physical Medicine, Auth. No. 1109/23 of 13/11/2023.
- Spa establishment, Auth. No. 0009602 of 05/06/2025.
- LAW n. 22 of 16/08/2002



Quality Certification

ISO 9001 TÜV Quality Certification
No.44 100 23410050
Audit Report No.27026/25-000

Valid from 29-04-2025
Valid until 28-04-2028



HOSPITALITY. The Finest Family Tradition of Italian Hospitality

Rooms surrounded by a large park, equipped with every comfort (air conditioning, WiFi, Safe and Sat TV) to provide for a pleasant and relaxing stay with no architectural barriers

ROOMS TYPOLOGY

- **Classic** 25 mq., with private balcony.
- **Junior Suite** 35 mq., small living room, with private balcony.
- **Suite** 45 mq., living room, walk-in closet, terrace or private garden.
- **Panoramic Suite** 55 mq., living room, walk-in closet, wellness shower, terrace 40 mq. with solarium.

FOOD SERVICE.

All Guests can consciously choose their menu.

The continuous search for quality in local products leads us to create a profound harmony between good food and health. A formidable recipe for health, prevention and longevity. Choose your own menu:

- **ENJOY** Pleasure and taste prevail in this choice preferably aimed at youthful and dynamic people.
- **BALANCED** The right balance of eating habits that will be long-lasting and healthy, in line with the latest guidelines on healthy eating and lifestyles.
- **VEGGIE** Designed to satisfy the tastes and needs of our guests who prefer vegetable-based food.
- **BASIL PLUS** Available only after a medical examination, at a price of € 140 per week. A customised version of the balanced and veggie menus, tailored to each individual customer and their specific needs in terms of calorie regime and physiological requirements.

INCLUSION

Our structure is inspired by the principles of 'Universal Design' to eliminate barriers between people and ensure that every guest has an inclusive experience, respecting their needs and frailties.

SEASON 2026 OPENING 28/02/2026

Closed	C	Season	S
Special Season	SP	High Season	H

	C	01 AUGUST	S
28 FEBRUARY	SP	08 AUGUST	H
07 MARCH	SP	15 AUGUST	H
14 MARCH	SP	22 AUGUST	H
21 MARCH	S	29 AUGUST	S
28 MARCH	S	05 SEPTEMBER	S
04 APRIL	H	12 SEPTEMBER	S
11 APRIL	H	19 SEPTEMBER	S
18 APRIL	S	26 SEPTEMBER	S
25 APRIL	S	03 OCTOBER	S
02 MAY	S	10 OCTOBER	S
09 MAY	S	17 OCTOBER	S
16 MAY	S	24 OCTOBER	SP
23 MAY	H	31 OCTOBER	SP
30 MAY	H	07 NOVEMBER	SP
06 JUNE	S	14 NOVEMBER	SP
13 JUNE	SP	21 NOVEMBER	SP
20 JUNE	SP	28 NOVEMBER	SP
27 JUNE	C	05 DECEMBER	S
04 JULY	C	12 DECEMBER	S
11 JULY	SP	19 DECEMBER	H
18 JULY	SP	26 DECEMBER	H
25 JULY	S	02 JANUARY 2027	H
01 AUGUST		09 JANUARY 2027	C

DAILY RATES FULL BOARD IN DOUBLE ROOM CLASSIC.

1 Day HOTEL PRICES Hotel stay only, without health and wellness treatments	Special Season	Season	High Season
1-night full board, in double room classic. Price per person:	€ 138	€ 143	€ 148

WEEKLY RATES FULL BOARD IN DOUBLE ROOM CLASSIC.

7 Days THERME & RELAX Hotel stay only, without health and wellness treatments	Special Season	Season	High Season
7-nights full board, in double room classic. Price per person:	€ 924	€ 959	€ 994

SPECIAL WEEKLY RATES FULL BOARD IN DOUBLE ROOM CLASSIC.

7 Days CARE GIVER AND LONG STAY Hotel stay only, without health and wellness treatments	Special Season
For a family member accompanying a guest who booked a rehab programme or for stays after the third week, without treatments. We will always apply the special season rates.	

SUPPLEMENTS AND REDUCTIONS APPLIED TO ALL LIST PRICES

Room Category:	1 DAY	Junior Suite: + € 5, Suite: + € 10, Panoramic Suite: + € 25	7 DAYS	Junior Suite: + € 35, Suite: + € 70, Panoramic Suite: + € 175
Single Occupancy:		Classic: + € 10, Junior Suite e Suite: + € 15, Pan. Suite: + € 25		Classic: + € 70, Junior Suite e Suite: + € 105, Pan. Suite: + € 175
Board Type:		HB Half-Board: - € 15, BB Bed&Breakfast: - € 20		HB Half-Board: - € 105, BB Bed&Breakfast: - € 140

PRICES VALIDITY

Our prices are guaranteed for a minimum stay of 3 nights with a booking deposit paid at least 2 weeks before arrival. Shorter stays and last-minute bookings can be subject to dynamic surcharges on the quoted prices.

ROOM AVAILABILITY

Arrival: from 2.30 p.m. **Departure:** not later than 10.30 a.m. **Late check-out:** € 50 per person. **Price reduction for children:** (in room with adults) 0-3: 90% | 4-6: 50% | 7-14: 30% **Pets:** Without meals € 15 per day only in ground floor Suites, with garden access.

FREE SERVICES

Wellness: Access to the Sauna and Spa Pools with relax circuit and waterfalls. **One Spa Kit at Arrival:** bathrobe, pool towel and swimming cap for the entire stay. **Fitness:** Daily Stretching, Aqua Gym and Pilates courses (from Monday to Friday). **Hospitality:** Car parking, Tennis Court, Golf green fees and reservations. **Comfort:** High speed internet wi-fi and TV Sat in every room. SKY Sport in the reading room. **Accessibility:** Barrier free rooms & SPA services. **Entertainment:** Sunday Welcome Drinks, Gala Dinner; Gourmet Food Evenings with Music.

MONTHLY RATES FULL BOARD IN DOUBLE ROOM CLASSIC.

Stay

28 Days A MONTH WITHOUT WORRIES For stays of four consecutive weeks without health and wellness treatments		One Season
4 weeks full board, in double room classic. Price per person:		€ 3536
Includes free water supply at the restaurant, 1 general medical examination to assess the guest's health needs.		
Value of the health care services included in the total price of the programme: € 120		

MONTHLY RATES WITH TREATMENTS.

28 Days A HEALTHY MONTH For stays of four consecutive weeks with health and wellness treatments		One Season
4 weeks full board, in double room classic. Price per person:		€ 4886
Includes free water supply at the restaurant, 1 general medical examination to assess the guest's health needs, 1 specialist medical examination, 20 masso-physio therapies 30'.		
Value of the health care services included in the total price of the programme: € 1470		

28 DAYS	
	Junior Suite: + € 140, Suite: + € 280
	Classic: + € 280, Junior Suite e Suite: + € 420
	HB Half-Board: - € 420

How to book monthly stays:

Monthly-rate programmes cannot be requested after arrival at the hotel.
Reservations are required at least 2 weeks prior to arrival
with a confirmation deposit of € 520 per person.

PAY SERVICES: Room Change: € 50. **Spa Kit Change:** Bathrobe € 15 pool towel € 5. Private garage € 20 a day. **F&B:** Extra meals € 40. Room service, Packed lunch € 15. Car and bike rental, **Trips:** Private shuttle service to and from Padua (Saturday afternoon) € 5. **Cardiofitness Personal Card:** € 5 per day.

BOOKINGS AND CANCELLATIONS MANAGEMENT:

Upon booking **a not refundable deposit of € 130 per person, per week** is required. In case of cancellations within 48 hours of arrival, the deposit is forfeit. Shorter notices, no-shows and early departures, the 50% of the booked services shall be charged. A change of arrival date in season is possible without penalty.

NURSING OR SOCIAL AND HEALTH CARE SERVICES

Daytime Individual Assistance Service

On Call NOT Continuous:

€ 40 for 60'; €10 for 15'. Available from 8.00 am to 8.00 pm
Non included in the hotel rates. Must be requested at the time of booking.

Walking aids and electronic bed:

Free if requested at least 2 weeks prior to arrival.

The needs of customers with limited autonomy must always be communicated at the time of booking!



*Classic Thermae:
Treating Bone, Joint Pain
and Ageing Naturally*



CLASSIC THERMAE

OUR HOT SPRINGS

The springs are meteoric in nature and come from the Piccole Dolomiti (Little Dolomites). The water seeped into the ground above the 1500 m asl line, and reaches us after an underground voyage of thousands of years, after filtering down to depths of over 4000 metres. These are ancient and very pure waters, rich with minerals they collected thanks to the heat and pressure they were subject to. The geological structure of the Euganean Hills made them emerge and created the largest thermal basin in Europe in Abano. Ermitage has 3 hot springs of salt-bromide-iodine water that naturally flow at temperatures between 72 and 82°C, with an available flow rate of over 10,000 litres per minute.

RIPE GEOTHERMAL MUD

This is a unique and irreplaceable therapeutic element. It is an ancient therapy: in Abano, people have been receiving mud therapy since the Roman era. It is fully natural: the thermal clay comes from a lake in Arquà Petrarca, on the Euganean Hills. It is processed: mud ripens in thermal water for at least 60 days, acquiring the plasticity and chemical and physical characteristics that make it therapeutic. It is effective and scientifically patented: the pain-relief and anti-inflammatory active principle of Abano mud was isolated at the Mario Negri pharmacological and biomedical research centre, and is currently protected by a European patent.

INFORMATION

POLICY As the combination of stay and treatments is purchased in a single package, no refunds shall be given in case individual treatments are missed. Any additional treatments not mentioned above shall be paid for separately.

Access to the therapies In order to obtain optimal therapeutic results, guests are required to cooperate. Please bring with you the results of any recent clinical tests and a list of drugs you take.

Authorisations Auth. Nr. 0009602 of 05/06/2025. Spa resort specialised in mud and thermal water bath therapy and inhalation therapy. Accredited by the National Health Service, Cat. I super: Italian Ministry of Health.

Medical direction Dr. Angelo Rioda. Orthopaedics Specialist.

CLASSIC THERMAE WEEKLY PROGRAMS FULL BOARD IN DOUBLE ROOM CLASSIC.

14 Days BLUE WEEKS INTENSE CLASSIC THERMAE Natural treatment of arthritis, pain and joint ageing	Special Season	Season	High Season
Stay and classic spa program. Price per person	€ 2210	€ 2280	€ 2350
This rate includes 14 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 10 Mud Therapy sessions, 10 Ozone Baths, 10 20 minutes Reactive Massages			
Value of the health care services included in the total price of the programme: € 1020			

7 Days BLUE WEEK SOFT CLASSIC THERMAE Natural prevention of arthritis, pain and joint ageing	Special Season	Season	High Season
Stay and classic spa program. Price per person	€ 1165	€ 1200	€ 1235
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 5 Mud Therapy sessions, 5 Ozone Baths, 5 20 minutes Reactive Massages			
Value of the health care services included in the total price of the programme: € 570			

7 Days THERMAE FIBROMYALGIA To manage the fibromyalgic pain	Special Season	Season	High Season
Hotel stay, medical assistance, classic spa, massage phisio-therapy. Price per person	€ 1625	€ 1660	€ 1695
Includes 7 days, all free services listed by the hotel, and the following therapeutic plan: 1 general medical examination for admission to treatments, 1 psychiatric examination, 1 Psychological Support or Autogenic Training* 60 minutes 5 Ozonized Thermal Baths, 5 Reaction Massages 20 minutes, 5 Individual Physiotherapy sessions in thermal water or Massage Physio* 30 minutes, 1 card for access to the cardio-fitness circuit gym. *According Medical Indications			
Value of the health care services included in the total price of the programme: € 1.030			

7 Days EVERY DAY MESSAGE To promote muscle relaxation	Special Season	Season	High Season
Hotel stay, medical assistance, massage therapy. Price per person	€ 1125	€ 1160	€ 1195
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 5 30' full body massages, according to the guest's needs, 5 Inhalation Therapies, 1 card for access to the cardio-fitness circuit gym			
Value of the health care services included in the total price of the programme: € 530 € 120 price reduction starting from the second week.			

In order to address your requirements, we provide doctor statement and separate invoice of all treatments.

SUPPLEMENTS AND REDUCTIONS on page 6



CLASSIC THERMAE TREATMENTS

General Medical examination for admission to treatments (mandatory)	€ 120
Follow-up medical examination/ Examination for Inhalation Therapy	€ 60 /€ 40

MUD AND THERMAL WATER BATH THERAPY

Mud treatment with ozone shower and thermal water bath	€ 45
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NEW MUD TREATMENT: Hot (Analgesic, Anti-inflammatory) or Cold (Analgesic, Anti-edema), according to medical indications

Thermal water bath	€ 20
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20' Reactive massage after the mud and thermal water bath therapy	€ 45
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Personal tub of reactive massage cream	€ 15
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Complete cycle of 5/10 muds/baths/massages treatments € 570/€ 1020

INHALATION THERAPIES

Inhalations, Aerosol and Nose Shower	€ 15
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MASSAGE THERAPY

Localised intensive muscle massage: Trigger point, connective tissue, foot and drainage, 30'/45'/60'	€ 60/€ 90/€ 120
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60' Drainage massage with cold bandaging	€ 90
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Preserve

CLASSIC THERMAE SHORT PROGRAMS FULL BOARD RATES.

4 Days CLASSIC THERMAE BREAK	€ 870
Cost per person in Double Suite or Classic Single Room	
Includes 4 days, all free hotel services, and the following therapeutic plan: 1 medical examination for admission to treatments, 3 Thermal Mud Treatments, 3 Ozonized Thermal Baths, 3 Reaction Massages after the mud and thermal water bath 20 minutes, 1 card for access to the cardio-fitness circuit gym	
Value of the health care services included: € 410	

3 Days MEDICAL THERMAE OTIUM	€ 760
Cost per person in Double Suite or Classic Single Room	
Includes 3 days, all free hotel services, and the following therapeutic plan: 1 medical examination for admission to treatments, 2 Individual Physiotherapy sessions 30 minutes, 2 Individual Physiotherapy sessions in thermal water 30 minutes, 1 Steam Path, 1 card for access to the cardio-fitness circuit gym	
Value of the health care services included: € 415	

Health Pills

THERMAL WELLBEING WEEKLY PROGRAMS FULL BOARD IN DOUBLE ROOM CLASSIC.

7 Days LYMPHATIC BOOST LEGS AND GLUTES For the lymphatic wellbeing of the lower limbs, legs and glutes	One Season
Hotel Stay, specialist medical consultation, lymphatic massage therapy. Price per person:	€ 1729
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 3 60' 'Vodder Original Method' full body lymphatic massages, 3 physical therapies 30' Bemer and/or Ultrasound, 3 customised 30' personal training sessions in water or in gym, 1 card for access to the cardio-fitness circuit gym, Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 875	

7 Days ANTISTRESS To promote relaxation and psycho-physical balance	One Season
Hotel stay, medical assistance, wellness & natural beauty treatments. Price per person:	€ 1669
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 2 60' 'Vodder Original Method' full body lymphatic massages, 2 60' stress-relief Full Body Massage with essential oils, 2 30' Water Shiatsu relaxing treatments in thermal water, 2 60' autogenic training sessions, 1 card for access to the cardio-fitness circuit gym.	
Value of the health care services included in the total price of the programme: € 955	

7 Days BEAUTY & RELAX To promote relaxation and self-confidence	One Season
Hotel stay, wellbeing, beauty and natural cosmetics. Price per person:	€ 1279
This rate includes 7 full-board days, all the free services included in the hotel price list and the following beauty plan: 1 Manicure 60', 1 Pedicure 60', 1 Face firming treatment Principi 60', 1 Anti-ageing face treatment Feeling Time 60', 1 Total body peeling 60', 1 Antistress massage 60', 1 Individual Steam Path 45', 1 card for access to the cardio-fitness circuit gym.	
Value of the wellness services included in the total price of the programme: € 565	

7 Days SKIN CARE BOOST BEAUTY To promote self-confidence	One Season
Hotel stay, wellbeing, beauty and natural cosmetics. Price per person:	€ 1179
Includes 7 days, all free hotel services, and the following therapeutic plan: 1 "Principi" facial program, 60 minutes, 1 "Feeling Time" facial program, 60 minutes, 1 Body Peeling, 60 minutes, 2 Body Massages, 30 minutes, 1 Individual Steam Path 45', 1 card for access to the cardio-fitness circuit gym.	
Value of the wellness care services included in the total price of the programme: € 465	



WELLBEING SERVICES

30'/45'/60' full body aesthetic or stress-relieving massage	€ 60/€ 90/€ 120
60' full body aesthetic lymphatic drainage massage	€ 120
30'/45' Full facial or partial body lymphatic drainage massage	€ 60/€ 90
60' Facial lymphatic drainage massage with custom face mask	€ 90
Thermal Water Shiatsu 30'	€ 60
Individual Steam Path: Inhalation + Turkish Bath + Shower combination 45'	€ 40

NATURAL BEAUTY TREATMENTS

'Principi' 60' face firming treatment	€ 90
"Feeling Time" 60' Anti-ageing Face Treatment	€ 90
60' Total body peeling treatment	€ 90
60' Total Body Firming Treatment	€ 90
60' Breast Firming Treatment	€ 90
60' Manicure or Pedicure	€ 50
In-house hairstylist service	

SHORT WELLBEING PROGRAMS FULL BOARD RATES

Health Pills

<i>3 Days</i> HAPPY SKIN	€ 630
Cost per person in Double Suite or Classic Single Room	
Includes 3 days, all free hotel services, and the following therapeutic plan: 1 Body Peeling, 60 minutes, 1 Body Massage, 45 minutes, 1 Purifying "Principi" facial treatment, 60 minutes, 1 card for access to the cardio-fitness circuit gym.	
Value of the health care services included: € 285	

PREVENTION PROGRAMS FULL BOARD IN DOUBLE ROOM CLASSIC.

7 Days WEIGHT MANAGEMENT To treat dysmetabolism and severe overweight	One Season
Hotel Stay, basic diagnostic services, medical fitness, diet, spa treatments, lymphatic massage therapy. Price per person:	€ 2679
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 I general medical examination 1 Complete specialist nutritional consultation, calculation of the correct calorie regime and final instructions for the customised diet to be followed at home. Complete before and after check-up: 1 direct assessment of basal metabolism, 2 Blood chemistry tests and lipid profile, 2 Bioelectrical Impedance Analyses of Body Composition, 1 ECG, 1 60' autogenic training session, 5 Customised 30' personal training sessions with cardio-fitness + 1 individual card for daily access to the rehab gym, 3/6 Manual/Vodder Method lymphatic massages 60'/30', 5 Mud Therapy sessions + 5 Ozone Baths + 5 20' reactive massages. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1825	

7 Days FIT To treat dysmetabolism and mild overweight	One Season
Hotel Stay, basic diagnostic services, medical fitness, diet, spa treatments. Price per person:	€ 2319
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 medicine general evaluation, 1 Complete specialist nutritional consultation, calculation of the correct calorie regime and final instructions for the customised diet to be followed at home. Complete before and after check-up: 1 direct assessment of basal metabolism, 2 Blood chemistry tests and lipid profile, 2 Bioelectrical Impedance Analyses of Body Composition, 1 ECG, 1 60' autogenic training session, 5 customised 30' personal training sessions with cardio-fitness + 1 individual card for daily access to the rehab gym. 5 Mud Therapy sessions + 5 Ozone Baths + 5 20' reactive massages. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1465	

7 Days DETOX To correct unhealthy lifestyles	One Season
Hotel Stay, basic diagnostic services, medical fitness, diet. Price per person	€ 1869
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 1 complete specialist nutritional consultation, calculation of the correct calorie regime and final instructions for the customised diet to be followed at home. 1 Complete before and after check-up: 1 direct assessment of basal metabolism, 2 Blood chemistry tests and lipid profile, 2 Bioelectrical Impedance Analyses of Body Composition, 1 ECG, 1 60' autogenic training session, 5 customised 30' personal training sessions with cardio-fitness + 1 individual card for daily access to the rehab gym. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1015	

€ 550 price reduction starting from the second week.
SUPPLEMENTS AND REDUCTIONS on page 6

Surcharge for Biological Age Assessment with AI € 120



PREVENTIVE MEDICINE

Individual Nutritional/Cardiologic Examination	€ 150
Follow-up Individual Examination / ECG with report	€ 70

DIAGNOSTIC & PREVENTIVE MEDICINE

Computerised ultrasound of organs Single	€ 90
Specialist medical consultation + computerised ultrasound	€ 190
Blood chemistry and lipid profile analysis	€ 60
Digital metabolic test and direct measurement of oxygen consumption	€ 60
Digital impedance analysis of body composition	€ 30
Biological Age Assessment with AI	€ 180

NUTRITION, EXERCISE AND LIFESTYLE

Personal Training o Cardio-Fitness 30'/45'/60'	€ 60/€ 90/ €120
Individual 30'/45'/60' exercise session in thermal water	€ 60/€ 90/ €120
60' Autogenic training or coaching and psychological support session	€ 100
Individual card for access to the cardio-fitness circuit per week	€ 35
'Basil Plus' meal service (€ 20 per day)	€ 140

MED FIT SHORT PROGRAMS FULL BOARD RATES

Health Pills

<i>3 Days</i> CARDIO CHECK-UP	€ 840
Cost per person in Double Suite or Classic Single Room	
Includes 3 days, all free hotel services, and the following therapeutic plan: 1 complete cardiology check-up, 1 blood test, 1 ECG with report, 1 Echocardiogram, 1 cardiology consultation, 1 follow-up medical examination, 2 massages 30 minutes, or 2 personal training sessions 30 minutes, 1 card for access to the cardio-fitness circuit gym.	
Value of the health care services included: € 495	



*Rehabilitative Medicine:
An Integrated Service
to promote Autonomy
and Return to Active Life.*



PHYSICAL REHABILITATION

Ermitage's Rehab offer is designed for clinically stable, self-sufficient and co-operating patients.

MEDICAL ASSISTANCE A full medical team comprising Orthopaedics and Traumatology, Rehabilitation and Physical Medicine, Neurology, Lymphology and Nutrition specialists can help all our guests suffering from light or severe limitations to their ability to move freely. The medical team guarantees that a skilled medical staff shall be always available to recognise the specific needs of each guest, according to the causes of the motor deficit, whether traumatic, orthopaedic, post-surgical, neurological or lymphological in nature.

MOTION REHABILITATION AND PHYSICAL THERAPIES Thanks to an exclusive customised, one-on-one assisted method that guarantees a steady 1:1 therapists/patients ratio, the hotel's own rehabilitation centre allows each of our guests to go through their rehabilitation autonomously and without worries. Modern electromedical equipment, large gyms and swimming pools freely accessible also for motion-impaired patients make it possible to alternate active and passive rehabilitation, and effectively control pain and acute inflammation.

HYDROKINESITHERAPY IN THERMAL WATER Helped by physical therapy and motor science professionals, our guests can integrate their rehab protocol with rehabilitation in thermal water, with a complete lack of architectural barriers. The chemical and physical characteristics of spa water (temperature, viscosity, specific weight) promote muscle relaxation and make it possible to perform the isokinetic work that is especially important in the first stage of active rehab, where it is necessary to correct postural defects and recover muscle tone with a controlled muscle effort without risks or exacerbations.

INFORMATION

POLICY As the combination of stay and treatments is purchased in a single package, no refunds shall be given in case individual treatments are missed. Any additional treatments not mentioned above shall be paid for separately.

Access to the therapies In order to obtain optimal therapeutic results, guests are required to cooperate. Please bring with you the results of any recent clinical tests and a list of drugs you take.

Authorisations Specialised Clinic for Rehabilitation and Physical Medicine, Auth. Nr. I 109/23 of 13/11/2023.

Medical direction and specialist medical care Dr Simone Bernardini, Physical Medicine Specialist.

Orthopaedics Specialist and Orthopaedic surgery consultant Dr Angelo Rioda.

SCIENTIFIC COMMITTEE

Prof. Stefano Masiero. Psychiatrist. University of Padua, Department of Neuroscience.

Prof. Angelo Antonini. Neurologist, University of Padua.

Dott.ssa Denisa Giardini. Internal Medicine Specialist, AIDMOV. Lausanne

Prof. Domenico Corrado. Cardiology Specialist.

Prof Fulvio Ursini. Biochemistry and Nutrition. University of Padua.

GENERAL REHAB WEEKLY PROGRAMS FULL BOARD IN DOUBLE ROOM CLASSIC.

CHRONICLE DISEASES AND ORTHOPAEDICS Aging - Trauma - Surgery

7 Days REHAB For intensive functional recovery in both orthopaedic and neurological post-acute conditions	One Season
Hotel Stay, specialist medical consultation, motor rehabilitation, diet, 5 Day Intensive program 2 hours a day Price per person:	€ 2569
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 2 specialist medical consults (Physical Medicine/Orthopaedic/Neurological), according to the guest's specific needs, 5 60' individual physical therapy sessions, 5 30' customised physical therapy sessions in thermal water; 5 customised physical therapy sessions 30' according to the results of the initial specialist examination 15', 1 Robotic functional evaluation by the Hunova Robot, 1 card for access to the rehab gym. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1715	

7 Days PHYSIO For physical rehabilitation in the presence of chronic motor deficit	One Season
Hotel Stay, specialist medical consultation, motor rehabilitation, 5 Day program 1 hours a day Price per person:	€ 1829
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 2 specialist medical consults (Physical Medicine/Orthopaedic/Neurological), according to the guest's specific needs, 5 30' individual physical therapy sessions, 5 30' customised physical therapy sessions in thermal water; 1 Robotic functional evaluation by the hunova Robot, 1 card for access to the rehab gym.	
Value of the health care services included in the total price of the programme: € 1115	

7 Days ACTIVE AGING For functional limitations related to ageing	One Season
Hotel Stay, specialist medical consultation, motor rehabilitation, 5 Day program 1/2 hours a day Price per person:	€ 1379
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 1 specialist medical consults (Physical Medicine/Orthopaedics), according to the guest's specific needs, 5 30' customised physical therapy sessions in thermal water; 1 Robotic functional evaluation by the Hunova Robot, 1 card for access to the rehab gym.	
Value of the health care services included in the total price of the programme: € 665	

€ 270 price reduction starting from the second week

SUPPLEMENTS AND REDUCTIONS on pag 6.



REHAB MEDICINE

Physical medicine examination by a rehab specialist (Compulsory for the drafting of the customised rehabilitation project)	€ 150
Ortopedics, Neurologics, Limphologic, Cardilogic, Pneumologic, ORL	€ 150
Follow-up specialist medical consultation (within 3 months)	€ 70
60' Speech therapy/Neurocognitive stimulation/Psychol. Support/A.Training	€ 100

Injection therapy

Intra-articular injection (drug not included)	€ 60
Cortisone (for dose) € 10 Hyalubrix (3 vials) € 160 Hymovis (2 vials) € 380	

REHAB DIAGNOSTICS

Robotic evaluation of Motor and Neuro-motor function Hunova®	€ 60
Spirometry € 70 ECG € 70 Ultrasound single € 90 Basis Blood Testing € 60	

PHYSICAL THERAPY AND PHYSICAL MEDICINE

Individual and assisted 30'/45'/60' physical therapy or neuro-motor rehabilitation session in thermal water	€ 60/€ 90/€ 120
Respiratory Riabilitation 30'	€ 60
Physical therapies 15'/30': Laser; Elett, Crio, Magn., Ultras., Bem.	€ 30/€ 60

SHORT MEDICAL PHYSIO PROGRAMS FULL BOARD RATES

Health Pills

3 Days

PHYSIO CHECK-UP

€ 750

Cost per person in Double Suite or Classic Single Room

Includes 3 days, all free hotel services, and the following therapeutic plan: 1 general medical examination, 1 Specialist Medical Consultation, 1 Robotic Evaluation of Neuromotor Function (Hunova®), 2 Individual Physiotherapy sessions (dry or in thermal water), 1 card for access to the cardio-fitness circuit gym.

Value of the health care services included: € 405

SPECIAL ADDRESS REHAB WEEKLY PROGRAMS FULL BOARD IN DOUBLE ROOM CLASSIC

NEUROLOGIA Parkinson - Stroke

7 Days NEUROLOGIC PHYSIO Integrated rehab treatment of neurological patients	One Season
Hotel Stay, specialist medical consultation, neuro/motor rehabilitation, diet, 5 Day Intensive program 2 hours a day. Price per person:	€ 2389
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 2 specialist medical consults, Physical Medicine and Neurological, 5 30' individual physical therapy sessions, 5 30' customised physical therapy sessions in thermal water, 3 60' neuro-cognitive stimulation or speech therapy sessions according to the specific needs of the client, 2 30' Berner stimulation therapy sessions, 1 Robotic functional evaluation by the Hunova Robot, 1 card for access to the rehab gym. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1535	

LYMPHOLOGY: Primary and secondary lymphedema and lymphatic deficiency

7 Days LYMPHATIC PHYSIO Treatment of primary or secondary lymphoedema	One Season
Hotel Stay, specialist medical consultation, Lymphatic rehabilitation, diet, 5 Day Intensive program 2 hours a day. Price per person:	€ 2709
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 2 specialist medical consults, Physical Medicine and Lymphological, 5 30' customised motor rehab therapy sessions in thermal water with assistance, 5 60"Vodder Original Method' lymphatic massages, 5 functional and therapeutic multi-compression bandages, 5 30' Berner stimulation therapy sessions, 1 card for access to the rehab gym. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1855	
NEW COLD MUD Optional addition with Thermal Mud-Bath Therapy Cycle, available upon medical evaluation	



NEUROLOGY - LYMPHOLOGY

60' Speech therapy session/ Neuro-cognitive stimulation	€ 100
Therapeutic 30'/45'/60" "Vodder Original Method" Lymphatic massage	€ 60/€ 90 € 120
Post-treatment therapeutic multilayer compression bandaging	€ 40
Bandaging control	€ 20

€ 270 price reduction starting from the second week

SUPPLEMENTS AND REDUCTIONS on pag 6.

SPECIAL ADDRESS REHAB PROGRAMS FULL BOARD IN DOUBLE ROOM CLASSIC

CARDIOLOGY Functional deficits of the cardiovascular system in stable phase

7 Days CARDIOLOGIC PHYSIO To improve the heart response to the exercise of normal daily activities	One Season
Hotel Stay, specialist medical consultation, diet, 5 Day Intensive program 1 hour a day	€ 2059
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 1 Physical medicine examination, 1 Cardiological Check-up, 5 customised motor rehab therapy sessions in thermal water with assistance 30', 5 individual physical therapy sessions 30', 1 card for access to the rehab gym, Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1205	

€ 570 price reduction starting from the second week

PNEUMONOLOGY Functional deficits of the respiratory system in stable phase

7 Days PNEUMOLOGIC PHYSIO To improve the heart response to the exercise of normal daily activities	One Season
Hotel Stay, specialist medical consultation, respiratory rehabilitation, diet, 5 Day Intensive program 1 hour a day.	€ 2009
This rate includes 7 full-board days, all the free services included in the hotel price list and the following therapeutic plan: 1 general medical examination, 1 Physical medicine examination, 1 Pneumological Check-up, 5 customised motor rehab therapy sessions in thermal water or in cabin 30', 5 individual respiratory therapy sessions 30', 1 card for access to the rehab gym. Optimised 'Basil Plus' nutritional regime.	
Value of the health care services included in the total price of the programme: € 1155	



CARDIOLOGY - PNEUMONOLOGY

Cardiology consultation + ECG report	€ 190
Cardiology Check-up: Basis Blood Testing + Cardiology consultation + ECG + Echocardiography	€ 300
Pneumological consultation + Spirometry	€ 190
Pneumological Check-up: Basis Blood Testing + Pneumological consultation + Spirometry	€ 250

€ 520 price reduction starting from the second week

SUPPLEMENTS AND REDUCTIONS on pag 6.

INCLUSION AND SUSTAINABILITY. Where others stop, we give our best performance.

ACCESSIBILITY for us it means **eliminating all barriers between people**. It means offering everyone the opportunity to experience our health and wellness programs in full. The hotel, the wellness area, the spa and our swimming pools are places that people visit for therapy and socialisation, and are therefore designed to address both the prevention requirements of able bodied guests and the needs of guests who might be temporarily or chronically motion-impaired.

Best Italian Hotel in the accessible tourism sector: V4ALL AWARD 2017 - 2018 - 2019 - 2020 - 2021 - 2022 - 2023 Mobility & Senior Citizen Category

POWERED BY THE ENERGY OF THE SUN. WARMED BY THE HEAT OF THERMAL WATER.



ELEONORA PROJECT

Eleonora's Dream: "A normal life".

Starting from the 2014 season, and thanks to the direct collaboration of some health care structures and non-profit organisations, Ermitage Bel Air - Medical Hotel has made a highly accessible Suite room available for people with severe motion impairment and their families, fully free of charge. The goals of this project are:

- Provide completely free assistance and high-level rehabilitation therapies
- Allow the families to enjoy a respite from their daily toil the rest of the year.
- Allow the families and patients to Experience a pleasant Holiday together!

We work in close collaboration with the Paediatric Hospice of the Padua Hospital.
For additional information: www.ilsognodieleonora.it





LOCATION

Between enchanting art cities, at just **45 km from Venice**.

It is surrounded by a large private garden, at the feet of the Natural Park of the Euganean Hills, in the quiet village of Monteortone, about 1 Km from the very centre of the renown spa city of Abano Terme. The hotel is 15 Km away from the historic centre of Padua, while the cities of Venice, Verona, Treviso, Vicenza and Bologna are less than one hour's drive away, thanks to the A4 and A13 highway connections.



*Monteortone
Abano-Teolo*

DIRECTIONS

BY CAR A4 motorway exit: Padova Ovest, or A13 motorway exit: Terme Euganee - follow the signs to Terme Euganee - Abano Terme, from Abano then follow the directions towards Monteortone. The hotel is 150 m past the Sanctuary of the Madonna della Salute.

GPS lat 45.35128948765311 - long. 11.758412718772888

GPS ADDRESS Via Santuario, 75
35031 Abano Terme

BY PLANE Connection with the Airports
Minibus Price per person, Round Trips:

Venice Airport - Hotel € 128

Private taxi costs per car Round Trips:

Venice Airport - Hotel € 268

Treviso Airport - Hotel € 290

Verona - Bologna - Airports: Transfer price available upon request

FOR INFORMATION AND BOOKINGS:

Europe-wide toll-free number from land lines:

0080015112006

web: www.ermitageterme.it

E-mail: ermitage@ermitageterme.it

Destination Health

**HOTEL
THERMAE
MEDICINE**

Healthy & Happy Holidays



**Stabilimento Termale
Ermitage Hotel S.p.A.**



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Stay Well. Fell Better.